

Newsletter

<u>School</u> <u>Rules</u>

- 1. Be safe
- 2. Be kind and respectful
- 3. Be ready

<u>School</u> Values

Kindness

Courage

Loyalty

Class	Star Writer	Star Problem Solver	Silver Cup
Turtles	Ismail	Jasmine	Thomas
Octopus	Nevarro	Amber	Hanna
Seahorses	Brodie	Joshy	George
Starfish	Freddie	Bella-May	Wyatt
Lobsters	Przemek	Eli	Fabian
Sealions	Jayden	Matilda	lvy

Every week we want to celebrate some of the amazing achievements of our pupils.

	Star of the Week	
3 Maple	Elena	
3 Oak	Amal	
4 Cherry	All of 4 Cherry!	
4 Willow Ethan and Shanmuk		
5 Birch	Abas	
5 Rowan	Nickolas	
6 Pine	6 Pine Aleza	
6 Ash Alicia		

Weekly Update

This week we have been thinking about Courage. Courage to do the right thing, even when someone else is not looking. Courage to stand up for what you know is right, even when others disagree with you. Courage to try something new. Courage to make a mistake.

Courage is different to bravery. Bravery often comes as a reaction to something fearful. Courage is often about making a decision.

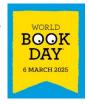
At Henry Hinde we work hard to encourage our pupils to think for themselves and not to follow the crowd. We want them to grow into individuals that ask questions and are not afraid to challenge. We want them to have the courage and the conviction to do the right thing.

Equipping Children for a World of Possibilities

Date	Grenville Site Infant	Cornwallis Site Junior	Both
w/c 17th February			Half-term
Monday 3rd March		National Offer Day for secondary places	
Thursday 6th March			World Book Day
Friday 21st March			Red Nose Day
Monday 7th April			Parental Consultation Meetings
Thursday 10th April			Parental Consultation Meetings
14th April—25th April			Easter Break
Monday 28th April			INSET DAY School Closed
Thursday 1st May	School Closed for Local Elections	School Open	

World Book Day

On Thursday 6th March we will be celebrating World Book Day. This is an opportunity to promote reading throughout the school.



Last year we ran a number of competitions within school.

This year we will be giving children the opportunity to dress up as a character from a book. Please do not go out and buy anything special. Over the next few weeks we will be giving you some simple ideas to create.

If your child does not want to participate, they are welcome to come to school in their own clothes.

Well done!

Well done to George C in Year 2 who has been out litter picking on his walk to school and after school. He collected a whole bin bag full of litter!



Mental Health Week

This week we have been learning about Mental Health Week. We often talk to our pupils about how to keep themselves healthy. Having a healthy mind is a big part of that. We use Zones of Regulation across both sites to help name and identify different emotions in ourselves and how that might look different in others.

If you are concerned about your child's mental health please do contact Mrs. Flaig. We work closely with the Mental Health in Schools Team who come and work with year groups, classes and individuals in our school.

Here are some resources that may help you as a parent / carer.

FOR FAMILIES

Encourage journalling Just like Riley, encourage your older children and young people to express their emotions and thoughts through journalling. It can be less confronting than speaking out loud and is a helpful

Make space for reflection

way to process what is going on.

When children and young people reflect on their different emotions, it can help them better understand themselves and what they need. Go for a walk, drive, or try some mindful colouring or baking together.

Be visual

Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.

and young people be aware of their thoughts and emotions and learn a useful new coping technique.

Communicate

Practice mindfulness

Try mindful activities, and quiet family

time, to enjoy being in the present

moment. This can help children

Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.

If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs. CHere4You.co.uk

Mrs. Defty

Even in extreme sadness, Mrs. Defty's family are thinking of others.

As you will know by now, Mrs. Defty, our amazing Mid-day Supervisor for over 20 years, died suddenly after a short illness, in January this year.

Her family would like to set up a memorial bench for the children of Henry Hinde so that they can remember her. They have set up a Just Giving page in order for as many people as possible to donate.

If you would like to contribute please use this link (which is also in the ParentMail introduction). It would be lovely to see if we can reach the target of £750 so that we can fulfil the family's wishes and honour Mrs. Defty's memory in such a fitting way.

> https://www.justgiving.com/crowdfunding/benchformary? utm term=QK3Gjv8pM

> > Search Q Log in Sign up

£65

Share





I'm raising £750 to buy a memorial bench for my Mum.

This is Mrs. Defty's daughter's story:

My mum (Mary) passed away suddenly on 11th January 2025 from Stage 3 Ovarian Cancer. She was a lovely lady adored by many and she will be sorely missed.

She spent over 20 years working as a midday supervisor in the infant school where I grew up. I would like to give back to her and the school by raising money for a memorial bench to be placed there in her name.

Year 5

It is not too late to reserve your place for Willersley Castle Residential Trip for when your child gets to Year 6. If you would like any further information, please contact Mrs. Edwards via the office on 01788 811392 or *junioroffice@henryhinde.tlet.org.uk*

